

CWF at the CCKSF championship 14 October 2006

What a championship and without doubt, a fun event for all who were there at Markville Secondary School in Markham! There were various divisions such as wushu empty hand and weapon forms, push hand, taiji and sparring, across different age groups. Hats off to those who organized, volunteered and participated. It was indeed wonderful to see so many martial arts member schools of CCKSF come together in sportsmanship and truly reflect the multi-culturalism nature of Canada. Chinese martial arts is alive and well, and not just limited to Chinese but across a broad spectrum of Canadians.

CWF was well represented especially in the wushu division. It was an opportunity to experience a championship, to observe other participants from the member schools and to give our very own a chance to compete and build our confidence. Here's a picture of our participants with sifus Liu and Hung. (Side note: sifu Chan was too busy being a judge at the taiji competition when this was taken. It would be utterly rude to pull him away from judging then ☺)



Our sifus were beaming with quiet pride as most of us who participated left with either something in the hand or something around the neck. Judges were from the various member schools. As a parent and student, I felt this quiet pride as well. Sifu Chan always thought us that CWF goals are:

- Health Discipline / Control Defense (HD/CD).
- Martial arts is to be entertaining and for health and to learn its' application via our balance, distance and angles in movement.

It is most definitely neither to fight intentionally nor to bully others. Let's keep these goals and as we learn, we continue to reflect the glory of our Lord Jesus Christ.

“For you will be a witness for Him to all men of what you have seen and heard.”
- Acts 22:15