Programs

**Wushu**
- Chinese Martial Art Fundamentals
- Basic routines of Wushu 套路
- North Fist - Six Harmony Style 六合門
- Modern Compulsory Wushu 新武術
- Weapons: Sword, Broad Sword, etc.

**Tai Chi (Chen/Yang/Wu style)**
- Principles and theories 拳經, 拳理
- Chinese Martial Art Fundamentals
- Forms, Push Hands
- Foot Step Movement
- Tai Chi Practical Application
- Weapons: Fan, Sword, etc.

**Chinese Lion & Dragon Dance**
- Dancing Performance
- Routines and Stunts

**Wing Chun/Ving Tsun/Yong Chun** 詠春
- Chinese Martial Art ethics & etiquette
- Siu Lim Tao (Little Idea) 小念頭
- Chum Kiu (Search of Bridge) 動橋
- Biu Jee (Darting Fingers) 標指
- 108 Wooden Dummy 木人樁
- Chi Sao (Sticky Hands) 黏手
- Double 8 Sections Chop Knife 八斬刀
- Six and a Half Points Pole 六點半樁

Mission Statement

To promote and maintain good health, preserve the Chinese Martial Arts, encourage humbleness, restore family values and witness the Gospel through Chinese Martial Arts.

CHRISTIAN WUSHU FELLOWSHIP

加拿大基愛武術中心

**Introducing the Christian Wushu Fellowship (CWF)…**

The Christian Wushu Fellowship (CWF) is founded on the Biblical principles of God's Word, and sharing the Chinese culture through the Chinese Martial Arts. Christian Wushu Fellowship (CWF) is a trans-denominational organization that is health-oriented and focuses on all the values of Christ. The goal of this fellowship is to provide a chance for Christians and/or non-Christians to get together and have a great time. We stress the fundamentals of Chinese Martial Arts and, at most times, would apply some of the theories or philosophies into our daily lives. CWF provides instruction in the Chinese Martial Arts of Wushu, Tai Chi, and Wing Chun, Lion & Dragon Dance Training.

3 John 1:2

Dear friend, I pray that you may enjoy good health and that all may go well with you, even as your soul is getting along well.

The team of masters consists over 100 years of experience and practice in Chinese Martial Arts to share with you.
Instructors’ Qualifications
1. Sifu Liu: Bachelor degree from Beijing University of Physical Education specialized in Wushu. He was teaching Wushu at Beijing Capital University of Medical Science. He is specialized in Wushu & Chen’s Taiji chuan.


4. Sifu Luo, PhD., an evangelical Christian, former member of SiChuan Provincial WuShu Team, ShangHai JiaoTong University WuShu Team, specializes in: Contemporary WuShu, TaiJi, BaJi, FanZi, XingYi, BaGuanZhang and Shaolin.

5. Sifu Enoch: began competing at the age of eight and established an impressive tournament record over the years. Enoch teaches Chinese Lion Dance, also devoting his knowledge to training martial artists in Chinese Christian churches via VBS & Chinese Schools in Toronto.

Prepare your child for adult life
Educate your child with confidence, discipline, respect and wisdom through CWF training!

Private Lesson and VBS demo can be arranged, please give us a call.

CLASS FEE
- A minimal of three month registration will be required.
- Class fee varies depending on training frequency and locations.
- Classes are available for age 6 and beyond.

Proud to be a member of an organization with an unique vision, a fellowship for Christian and Chinese Martial Artist! You don’t need to be a Christian to join and learn Chinese culture with Christian value.

MARKHAM LOCATION

Markham Free Methodist Church 萬民循理會
22 Esna Park Drive, Markham, Ontario
Canada L3R 1E1

Wushu
- Tuesday (2 classes) 5:30pm - 7:30pm
- Thursday (2 classes) 5:30pm - 7:30pm
- Saturday (5 classes) 9:30am - 11:30am, 1:30pm - 4:30pm

Wing Chun
- Tuesday 7:30pm - 9:00pm
- Thursday 7:30pm - 9:00pm
- Saturday 10:30am - noon, 3:00pm - 4:30pm

Tai Chi
- Monday 5:30pm - 6:30pm
- Tuesday 6:00pm - 7:00pm
- Thursday 6:00pm - 7:00pm

Weekly Prayer’s Meeting
- Monday 6:30pm - 7:30pm

*Note: An up-to-date class schedule can be found at our websites http://www.christian.wushu.com or http://www.wingchun.ca
Contact email: cwf@wushu.com

RICHMOND HILL LOCATION

Richmond Hill Chinese Baptist Church
136 Hillview Drive, Richmond Hill, Ontario, Canada L4C 1T2

CLASS SCHEDULE
- Wushu Wednesday 7:30pm - 8:30pm
- Wing Chun Wednesday 7:30pm - 8:30pm

INSTRUCTORS
Wushu
- Sifu Hung, Ting Seng
- Sifu Liu, Rui Qi
- Sifu Enoch Chan

Wing Chun
- Sifu Chan, Nelson

Tai Chi
- Sifu Chen, Nelson
- Sifu Hung, Ting Seng
- Sifu Liu, Rui Qi

Come learn from this team of Chinese Kung Fu Masters in the love of Jesus Christ. Join with all Chinese Martial Artists to live with support and encouragement through Christian faith and family value.